Hi everyone and welcome to the latest linkletter. I trust that your children are continuing to enjoy all that the school has to offer.

Our Prep students are coming to the end of their first month of school and we will welcome them as full time students as of next week. Thank-you to all the parents who came along to help and support at the Valentine’s working bee. This was a great success with many projects being achieved in a couple of hours. Garden beds prepared and planted out, painting of safety rails around the school, painting of pine log seats around the school, general maintenance, cleaning and clearing of the school gardens and grounds, pruning of overhanging trees and mulching garden beds. It was great to see our students helping out whilst enjoying the BBQ and face painting. Special thanks for School Council member, Cathy Williams for her hard work in organising and co-ordinating the working bee.

Open night tonight
All family and friends of Watsonia Heights PS are invited to our 2014 Open Night this Friday. 5pm – 5.45pm – All classrooms and specialist rooms will be open to families to share in your child’s learning spaces and programs 5.45pm - 6pm – We will officially welcome our 2014 Prep students at our Assembly area 6pm – 7pm – a range of activities for enjoyment and socialising. Parents and friends are encouraged to bring along chairs, picnic tables, rugs, food and drinks and set up on the office side of the school. There will be:
Selection of fun sports activities for students (on the large oval)
Jumping Castle (on the large oval)
Live Music (alongside assembly area)
Sausage sizzle available
Face Painting

Curriculum day 19th march
Please be reminded of our curriculum day coming up on the 19th March. There will be no school for students on this day. Staff will meeting to develop our whole school writing program, approaches and strategies for improving student outcomes.

Ride to school
I am excited to announce that after School Council’s ratification of our Bike Policy students are now able to ride to school. We have some very clear requirements for students choosing to ride. Please read the policy attached to this linkletter and be familiar with the expectations.
- All students must wear a helmet
- Bicycles and scooters are allowed to be ridden to and from school BUT no riding in the school grounds.
- No skateboards allowed
- Parent permission is required for students to ride to school
- Parents are responsible their children’s safe travel to school

There is a bike storage area for students to use to park during the day. This is located behind our school dance hall. This area will be secured from 9.15pm – 3.30pm. Students are also welcomed to bring their own bike locks.

Junior School Council
Congratulations to all our elected Junior School Council Representatives! This provides a wonderful leadership opportunity as well as raising the profile of student voice across the school. This is a wonderful responsibility for those elected by their peers. We are looking forward to meeting with you to plan and discuss many exciting events and share your ideas for WHPS. We are structuring the JSC differently this year; where we will have two representatives from each grade for Term 1 & 2 and
then grades will vote again for new representatives for Term 3 & 4. This will allow more students a chance to be involved and extend their leadership skills.

<table>
<thead>
<tr>
<th>Grade:</th>
<th>JSC Representatives:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/2S</td>
<td>Ella D &amp; Jessica K</td>
</tr>
<tr>
<td>1/2E</td>
<td>Tomas W &amp; Archie C</td>
</tr>
<tr>
<td>1/2WP</td>
<td>Micah T &amp; Liana G</td>
</tr>
<tr>
<td>1/2Y</td>
<td>Lilly B &amp; Findlay B</td>
</tr>
<tr>
<td>3/4M</td>
<td>Jarvis T &amp; Isaac I</td>
</tr>
<tr>
<td>3/4T</td>
<td>Connor Ma &amp; Matilda C</td>
</tr>
<tr>
<td>5/6B</td>
<td>Brodie McD &amp; Mia L</td>
</tr>
<tr>
<td>5/6R</td>
<td>Adam D &amp; Caitlyn M</td>
</tr>
</tbody>
</table>

**Grade 1/2 Ambulance Incursion**
Ambulance in Schools programs provide opportunities for students to build resilience and capacity to recognize and take action in a medical emergency. The ambulance incursion involves an interactive role play session where the children learn to call triple zero and an ambulance tour. The new program is free of charge and they run it per class of approximately 25 students. The program goes for 90 minutes. All grades need to organise a parent helper for the session. Please see the below timetable for your grade.

**Monday 24th March:**
9:30am – 11:00am – Grade 1/2S
11:30am – 1:00pm – Grade 1/2E

**Tuesday 25th March:**
9:10am - 10:40am – Grade 1/2WP
11:30am – 1:00pm – Grade 1/2Y

**Mathletics going strong**
Students are thoroughly enjoying their access to Mathletics program at school. This continues to provide a wonderful compliment to our existing numeracy curriculum. Being that the students have 24 access, I trust that many parents have noticed their children spending a few extra minutes on this program at home. If not, why not spend some time with your child enjoying the numeracy site!

**Fresh Fruit Friday**
In 2014 we will continue to offer fresh fruit to all students each Friday. The school had previously received funding for this program however this is now funded from school money. If any families would like to make a donation towards the sustainability of this initiative please send along your contribution to the school office. Fresh fruit Friday is a great way to promote healthy eating and a healthy lifestyle. Also if there are any parents who have a few minutes to spare on a Friday morning, we would appreciate your time to help cut up and prepare the fruit for our students.

We also have an opportunity of accessing some donated fruit which will help sustain the program/ in order to access this fruit we require a volunteer who is willing to collect the fruit from Kensington on a Thursday morning. If you are able and/or interested please contact the school office.

**Labour Day**
Please be reminded of the upcoming Labour Day holiday. School will not be open on Monday 10th March.

**Labour Day Monday – Bunnings BBQ!**
We are still in need parents to help out for this event. It raises a lot of money for the school which we will use to help with our growing number of buildings and grounds projects. We need a minimum of three adults to help at Bunnings Eltham from 8am – 5pm on Monday 10th March.
If you can spare an hour please let us know via the school office.

**Staff Carpark**
Parents are asked not to park in the staff carpark. This is still an issue that must be avoided.

We are also having some problems with congestion in and around the school. Unfortunately we don’t have great parking facilities however, this can be improved through everyone’s awareness, consideration and patience. I have been informed that the council will be active in issuing infringement notices in coming weeks.

On a similar topic, thank-you to everyone for reverse parking in the visitors carpark.

**Headlice**
Please be aware that we have had a few recent cases of headlice at the school. I urge you to regularly check your child’s hair and if noticed please treat accordingly prior to sending your child back to school. The only way to reduce the impact of headlice across the school is for all parents be vigilant in checking and appropriately treating each case. Thanks for your support to manage this issue in our school.

**Newsletter**
If you would like the newsletter personally emailed, you are welcomed to join our email list for all
newsletters. If you wish to take up this option please send an email request to: watsonia.heights.ps@edumail.vic.gov.au

Swimming – Well done
Congratulations to the 30+ students from year 3-6 who represented the school at the swimming carnival this week at Watermarc. All the students did a fantastic job and performed well. Some students will have the opportunity of moving on to represent the school at the divisional carnival to be held on March 5th at the Northcote Aquatic Centre. Thanks to Mrs. Brooks for co-ordinating the team and to Ms. Buckingham and Ms. Mooney for also helping on the day.
Our year 3-6 students will commence their swimming program on 13th March at Yarra swim school.

Summer Sport
Well done to our sporting teams who did a great job against St.Mary’s last week. Competing against a much larger school can sometimes be a bit overwhelming. However our students did an amazing job in displaying such great sportsmanship but also winning the cricket and rounders. Today we play away against Watsonia North PS, I hope you could make it to cheer on our chargers!

Interschool Summer Sport Results
St Marys Vs Watsonia Heights
Played at St Mary’s PS 21/2/14 ROUND No 3

<table>
<thead>
<tr>
<th>SPORT</th>
<th>St Mary’s-Home</th>
<th>School-Away</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball Boys</td>
<td>66</td>
<td>6</td>
</tr>
<tr>
<td>Basketball Girls</td>
<td>86</td>
<td>9</td>
</tr>
<tr>
<td>Bat tennis Boys</td>
<td>24</td>
<td>20</td>
</tr>
<tr>
<td>Bat tennis Girls</td>
<td>27, 51</td>
<td>21, 41</td>
</tr>
<tr>
<td>Rounders</td>
<td>7, 36</td>
<td></td>
</tr>
<tr>
<td>Cricket</td>
<td>10 for 32</td>
<td>3 for 68</td>
</tr>
</tbody>
</table>

Do you work for TELSTRA?
Permanent Telstra Group employees can apply for a Telstra’s Kids Fund grant of $1,200 to support a project or activity run by a not-for-profit organisation involving a child, 18 years or under, in their immediate family. Each year $750,000 is given to local community organisations on behalf of children related to Telstra employees. There are three funding rounds per year.
Telstra Group employees can apply for a grant on behalf of a child, 18 years or under, who is part of their immediate family. This can include their:
- Child
- Sibling
- Step-child
- Adopted-child
- Foster-child
- Niece/nephew
- Grandchild
- Child of a de facto partner

If you do work for Telstra and would be happy to support an application on behalf of Watsonia Heights Primary School please contact Michael Kent via the school office and I will put the application together on your behalf.

Prep – 6 Incursion
On Monday 24th February, Brainstorm Productions presented ‘The Human Race’ to our Prep-6 students. This was a very dynamic show about bullying and cultural diversity. It was a fun show with a serious message. WE’RE ALL EQUAL & DON’T TEASE OR BULLY - IN PERSON OR ONLINE!

Watsonia Heights School Council
Thanks to the parents and staff who have lodged their nomination forms for the 2014 School Council. With the nomination period now closed the full council will be confirmed in next week’s linkletter.

Every day counts – school attendance
We all want our students to get a great education, and the building blocks for a great education begin with students coming to school each and every day. Missing school can have a major impact on a child’s future – a student missing one day a fortnight will miss four full weeks by the end of the year. By Year 10 they’ll have missed more than a year of school. There is no safe number of days for missing school – each day a student misses puts them behind, and can affect their educational outcomes.
Coming to school every day is vital, but if for any reason your child must miss school, there are things we can do together to ensure they don’t fall behind: Speak with your classroom teacher and find out what work your child needs to do to keep up.
For any extended break from school, develop an absence learning plan with your teacher and ensure your child completes the plan.
Remember, every day counts. If your child must miss school, speak with your classroom teacher as early as possible.
From 1 March 2014, new laws will mean that parents can be fined for not sending students to school without an acceptable reason.
If you’re having attendance issues with your child, please let your classroom teacher know so we can work together to get your child to school every day.

Religious Instruction
Due to the current lack of staff WHPS will not be offering Religious Instruction classes.

**Relay for Life**
Watsonia Heights Primary School is pleased and honoured to announce that we have entered a team in this years Relay for Life. This fundraiser of the cancer council of victoria is a hugely popular and worthwhile event. Teams obtain sponsorship and walk the track at Wilinda Park (Greensborough, near Montmorency Sec Coll.) throughout the evening of Saturday March 29th March. The event commences at 12.45pm and runs through to 1pm on Sunday 30th March.

One of our students Aleesha Williams has been working hard to generate support for this great cause. Her Mum, Cathy Williams has agreed to be the co-ordinator of the team. If you are interested in getting involved simply register online at www.relayforlife.org.au if you search ‘WHPS’ under the 2014 Diamond Valley event OR email Cathy at: cathy@cmddesigns.com.au

**Are you being Sunsmart??**
As in line with the schools policy, term 1 is a sunsmart term. This requires all students to have the appropriate black wide brimmed hat. These sunsmart hats are to be worn during all outside activities during term 1.

**Life Education**
Life Education has been successfully supporting primary school drug and health education since 1979. Life Education’s comprehensive programs have been specifically designed to assist schools achieve the outcomes of their state curriculum. Activities are based on the Health and Physical Education outcomes.

Primary schools play a vital role in preparing children for life and in shaping their journey through school. Research shows that the earlier we encourage children to develop positive self-image, self-esteem and a feeling of uniqueness, the better equipped they are to make positive healthy choices later in life.

Life Education assists students to:
- Acquire age appropriate knowledge to support informed health choices
- Develop and practice skills and strategies to act upon individual decisions
- Recognise the values and attitudes that may influence lifestyle choices and behaviours.

The highly skilled educators from Life Ed, utilise their experience and training to support the provision of drug and health education within the school. Sessions are designed to be age specific and sequential. At W.H.P.S all students from Prep to Grade 6 will be participating in the Life Education Program. The program modules are as follows:

**Prep – Clued Up**
When Cocky goes missing, Harold, with the help of the class, does some earnest detective work to find him. The components of a healthy lifestyle, including safety with medicines are examined in the search for Cocky. Others issues covered include:
- Personal safety
- Syringe safety
- Body knowledge and self-assertion skills

**Grade 1/2 - Harold’s Heroes**
Harold invites the class to join him and his Super-Hero Team. The team’s job is to make our environment a healthier and safer place for everyone. Class members become Super-Heroes by interacting with the A-V and suggesting solutions to the problems. The Super-Heroes fly to the rescue and facilitate the exploration of:
- Local environmental and health issues including pollution/passive smoking
- Issues around individual need for medicines and their safe use and storage
- Emergency (drug) procedures
- Safe and unsafe behaviours and environments

**Grade 3/4 - All Systems Go**
Inside a futuristic machine ‘The Venture’, the Captain and his crew take the class on a tour of the human body. Travelling through the blood we explore the functions of various body parts and how magnificent the human body really is. The students discuss issues and engage in activities centred on:
- Peer Pressure
- Second hand smoking
- Safety with medicines
- Factors that influence the function of body systems

**Grade 5/6 – It’s Your Call**
It’s Your Call utilises a range of trigger videos, quizzes and problem solving models to cover content such as:
- Short term and long term consequences of a range of legal drugs
- Factors that influence health and behaviour e.g. friends, media, family, digital communications
• Laws relating to the sale, advertising and use of a variety of legal drugs
• Skills and strategies to deal with unsafe situations and social dilemmas
• Safe and appropriate use of communication technology

If you would like more information about the Life Education Program please visit the website below:

There will be a parent information session held immediately following assembly between 9:30am-10:00am on Monday 31st March in the Life Education Van for any parents who would like to attend.

House Points
Students are continuing to enjoy earning points for their house. The current standings for this term are:

<table>
<thead>
<tr>
<th>Place</th>
<th>House</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>Banksia</td>
<td>2,565</td>
</tr>
<tr>
<td>2nd</td>
<td>Wattle</td>
<td>2,395</td>
</tr>
<tr>
<td>3rd</td>
<td>Boronia</td>
<td>2,050</td>
</tr>
<tr>
<td>4th</td>
<td>Waratah</td>
<td>1,690</td>
</tr>
</tbody>
</table>

Clean Up Australia Day 2014
Do your bit for the environment. Last year, there was a fantastic response from volunteers across the nation with over 593,400 individuals donning their Clean Up gloves at 7,363 Clean Up sites, removing an estimated 16,243 tonnes of rubbish from our environment. Banyule Council encourages volunteers to take part in Australia’s largest community participation event, Clean Up Australia Day, on Sunday March 2. To join a group, please check our Banyule website, www.banyule.vic.gov.au or Clean Up Australia Day website www.cleanupaustraliaday.org.au to find a local spot.

Kidsmart – resource available
Blue Light is a Police and community initiative aiming to provide entertainment for youth in an environment free of drugs, alcohol and objectionable behaviour. As a compliment to this initiative a resource for upper primary school students is available. Interested parents are asked to collect a copy from the school’s office. If you take up this opportunity, parents are asked to review the content prior to sharing with their children.

Warm regards,
Michael

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**WATSONIA DISTRICT SWIMMING RESULTS**

On Monday 24th February, our swimming team, comprising of 27 children represented WHPS at the Watsonia District Swimming Carnival. All children competed fantastically for their school. Riley Leighton & Miki Everard, our swimming team captains spoke beautifully on behalf of our school. Well done to the two of you! Watsonia Heights finished fourth overall.

We had 10 children who will progress to the Division finals on Wednesday 5th March at the Northcote Aquatic & Recreation Centre

Alexis L 1st 11yr 50m breaststroke, 2nd girls open medley relay & 3rd 50m freestyle
Riley L 1st 12/13 yr 50m breaststroke, 3rd 50m freestyle
Sam N 3rd 9/10 yr 50m freestyle, 3rd 9/10 50m relay
Alex C 3rd 9/10 yr 50m backstroke, 9/10 yr 50m relay
Finlay C 3rd 12/13 50m relay
Ella H, Miki E Jasmine ,2nd open medley relay
William H, Riley V 3rd 9/10 yr 50m relay.

Congratulations and good luck to these children! Many thanks to my colleagues Miss Buckingham & Miss Mooney, who helped me out on the day. Thanks also to the parents/grandparents, friends who came along to support their children & our school.

Cheers Bev Brooks Sport Coordinator.
# WHPS Student of the Week

## For Week beginning 17th February 2014

<table>
<thead>
<tr>
<th>Name</th>
<th>Class</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Townes P</td>
<td>Prep H</td>
<td>Some great work in reading and writing.</td>
</tr>
<tr>
<td>Kara L</td>
<td>Prep H</td>
<td>Some great homework in her alphabet list.</td>
</tr>
<tr>
<td>Ava McC</td>
<td>Prep C</td>
<td>Helping her friends learn their golden words &amp; also completing her red words.</td>
</tr>
<tr>
<td>Isabel G</td>
<td>Prep C</td>
<td>Always using her beautiful manners &amp; helping friends.</td>
</tr>
<tr>
<td>Bailey McD</td>
<td>1/2Y</td>
<td>For excellent concentration during writing and trying your best to use dotted thirds.</td>
</tr>
<tr>
<td>Jessica K</td>
<td>1/2S</td>
<td>Trying hard with all her school work.</td>
</tr>
<tr>
<td>Kristen H</td>
<td>1/2W</td>
<td>Trying really hard with your handwriting. Keep it up!</td>
</tr>
<tr>
<td>Angus W</td>
<td>1/2W</td>
<td>Staying focused during Maths – you are a super star at making bundles of 10!</td>
</tr>
<tr>
<td>Archie C</td>
<td>1/2E</td>
<td>Always putting in his best effort!</td>
</tr>
<tr>
<td>Matika L</td>
<td>1/2E</td>
<td>Being a responsible and helpful class member!</td>
</tr>
<tr>
<td>Kai D</td>
<td>3/4T</td>
<td>For his focus and hard work during spelling. Well done!</td>
</tr>
<tr>
<td>Madison H</td>
<td>3/4M</td>
<td>Showing enthusiasm and dedication to her work. It’s great to see you volunteering your responses and ‘having a go’ in class. Well done Madi!</td>
</tr>
<tr>
<td>Jordan R</td>
<td>5/6R</td>
<td>For an excellent start to grade 5. Welcome back Jordan!</td>
</tr>
<tr>
<td>CJ M</td>
<td>5/6B</td>
<td>Demonstrating a positive attitude in team sports.</td>
</tr>
</tbody>
</table>

## For Week beginning 24th February 2014

<table>
<thead>
<tr>
<th>Name</th>
<th>Class</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>David M</td>
<td>Prep H</td>
<td>Great reading and learning his words.</td>
</tr>
<tr>
<td>Indiana D</td>
<td>1/2Y</td>
<td>Excellent improvement in your handwriting.</td>
</tr>
<tr>
<td>Cooper A</td>
<td>1/2S</td>
<td>Asking interesting and thoughtful questions to our policeman visitor.</td>
</tr>
<tr>
<td>Troy A</td>
<td>1/2W</td>
<td>Trying so hard with your writing.</td>
</tr>
<tr>
<td>Libby A</td>
<td>1/2E</td>
<td>Being kind and considerate to all the students around her.</td>
</tr>
<tr>
<td>Levi W</td>
<td>1/2E</td>
<td>Working hard on his recount writing. Well done Levi!</td>
</tr>
<tr>
<td>Matilda C</td>
<td>3/4T</td>
<td>Her kind and considerate attitude towards her classmates, helping them with tasks and classroom responsibilities. Keep up the great work.</td>
</tr>
<tr>
<td>Drue M</td>
<td>3/4M</td>
<td>Showing fantastic teaching skills of the recorder to fellow peers in his class. It was lovely to see great leadership skills Drue! Well done!</td>
</tr>
<tr>
<td>Mia L</td>
<td>5/6B</td>
<td>Excellent use of photographs in her writing.</td>
</tr>
<tr>
<td>Ben F</td>
<td>5/6B</td>
<td>Outstanding autobiography writing.</td>
</tr>
<tr>
<td>Miki M</td>
<td>5/6R</td>
<td>For sharing her excellent ICT skills with the class.</td>
</tr>
</tbody>
</table>
DIAMOND VALLEY RELAY FOR LIFE

Our local Relay for Life is being held on Sat 29th-30th March at Diamond Valley’s Willinda Park Athletic Track.

This event is held annually as an opportunity to get together with our community to celebrate cancer survivors, remember loved ones lost and fight back against cancer. If there is enough interest WHPS would love to register a team to take part in this family friendly event. Please let us know if your family would like to take part. There will be a collection tin placed in the office next week collecting donations for the Cancer Council.

CALENDAR OF EVENTS

February 2014

Fri 28th Family Fun Night/Open Night

March 2014

Wed 5th First Aide Incursion & Division Swimming
Fri 7th Interschool Sports – Home Game WHPS v Greensborough
Mon 10th Labour Day Holiday – Bunnings Eltham BBQ Fundraiser
Wed 12th Northern Region Swimming
Fri 14th Interschool Sports – Home Game WHPS v Streeton
Tue 18th Gdes 3-6 Swimming 1-3pm
Wed 19th Curriculum Day
Thu 20th Gdes 3-6 Swimming 1-3pm
Fri 21st Interschool Sports – Home Game WHPS v Bundoora
Tue 25th Gdes 3-6 Swimming 1-3pm
Thu 27th Gdes 3-6 Swimming 1-3pm
Fri 28th Interschool Sports Finals – Each Sport Venue to be advised
Tue 31st Life Ed Van Prep - 6

April 2014

Wed 1st Life Ed Van Prep - 6
Watsonia Heights Primary School

Bike/Scooter Policy

Rationale
Students travelling to and from school, as well as those at school, need to feel and be safe. Bicycles and scooters are a popular means of transport for students, but their safe use requires regulation and management.

Objectives
- To encourage Watsonia Heights Primary School students and families to adopt safe practices for cycling and scooting when riding to and from school.
- To promote an awareness among the school community of cycling and scooting as healthy activities for students and as an alternative mode of travel to and from school.
- To provide a school environment which is safe for students, which is practical, and balances the rights of individuals with the school duty of care toward all staff and students.

Implementation:
- Parents/carers are responsible for their children’s safety when riding bicycles and scooters.
- Bicycles remain the responsibility of parents/carers and must be in a roadworthy condition.
- Our school will provide appropriate storage for bicycles and scooters ridden to school by students.
- Students may provide their own lock for securing their bicycle or scooter in the storage area.
- Students must wear a properly fitted helmet and are encouraged to wear a safety vest when riding a bicycle or scooter.
- In line with Department of Education guidelines and Vic Roads’ advice, it is a school policy that: students in Prep to Year 4 ride to school in the company of an adult. Bicycles and scooters are very popular methods of transport for students however it is well recognised that young children have underdeveloped motor skills, peripheral vision and judgement. Students in Year 5 and 6 can ride to school without an adult.
- Students must dismount from their bicycles and scooters at the school crossings and entrances. Riding is not permitted inside the school grounds at any time, unless under direct supervision of an appropriately trained teacher.
- Students who break school rules will be managed in accordance with the school’s Student Code of Conduct. Consequences of breaking these rules may include students not being allowed to bring their bike/scooter onto the school grounds for a period of time determined by the Principal or their delegate.
- Skateboards are NOT allowed in the school grounds.
- Within the above context, cycling and scooting will be promoted as healthy activities for students and as an alternative mode of travel to and from school.
- Clear signs will be erected stating that students/parents park their bikes/scooters at their own risk.

Management:
The School Principal, with support from the Education and Policy Sub Committee, will manage the implementation of this policy and associated education programs.

Evaluation:
This policy will be reviewed as part of the School Council annual review cycle.
Watsonia Heights Primary School

Bike/Scooter Policy

Department of Education and Early Childhood Development Guidelines
The law requires that all cyclists must wear an approved bicycle helmet. Approved helmets have the Australian Standards Mark TM (AS/NZS 2063) and will be marked as suitable for cycling.

Travel to and from school
The responsibility for children riding bicycles to and from school lies with the parents/carers. Road safety authorities recommend that before the age of nine or ten years children should not ride a bicycle in traffic without adult supervision. Depending on their cycling skills and experience, some children over this age may still require supervision. Children under the age of twelve may ride on footpaths as may a supervising adult. They are required to give way to pedestrians and to wheel their bicycles over pedestrian and children's crossings. Children aged twelve years or older are required by law to ride on the road.

Additional Rules and Hints from Transport Accident Commission
Rules that apply to all vehicles must be obeyed when riding on the road. There are also some additional rules for bicycle riders. Talk to your child about these rules in simple terms that help them to understand why they are needed. In the early stages, supervise a child closely when near parked or moving vehicles. This means being near your child, not at a distance. Set a good example and show your child safe ways to cross streets.
- Encourage a child to start wearing a helmet at an early stage - with their first tricycles.
- Until a child has enough experience, limit riding to places such as parks, playgrounds or schoolyards; children under nine years of age should not ride on the road without adult supervision.
- Ensure that a helmet is always worn properly when riding a bicycle; it can greatly reduce the risk of head injury.
- The helmet should cover the upper part of the forehead and sit level on the head. A helmet worn too far back or not fitted snugly will not provide good protection.

Together find the preferred routes to various destinations that provide safe crossing places, for example, intersections controlled by traffic lights; avoid places that can hide a child from a driver’s view (such as curves or bushes).
TAKE HOME A BIG BROTHER OR BIG SISTER
Give your children the wonderful opportunity to have an international big brother or big sister by hosting one of our exceptional international students arriving in Australia in July 2014 for their 3, 5 or 10 month programs.

Our international students from France, Spain, Germany, Italy, Finland, Norway and Denmark will live as a local, attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange.

Visit us at www.scce.com.au, email scceaust@scce.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship!
Power Of Won

KARATE

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* Classes that are disciplined, but still lots of FUN
* Classes that work on your FITNESS
* VARIETY of learning...not just kicks and punches
* An excellent way to make new FRIENDS
* Learn different forms of SELF DEFENCE

Where & When

Greensborough College School Hall, Nepean St, Greensborough

TUESDAY: Juniors: 6:30p.m. – 7:30p.m. & Seniors: 8:00p.m. - 9:30p.m.
FRIDAY: Juniors: 6:30p.m. – 7:30p.m. & Seniors (Year 7 – Any Age) 7:30p.m. – 9:00p.m.

*** FIRST 2 LESSONS FOR FREE ***

Please feel free to call Michael Caruana on 9432 9905 / 0413 539 506
powerofwon@hotmail.com