



Watsonia Heights Primary School

SunSmart Policy

RATIONALE:

Policy Statements:

- To develop an awareness of the dangers of exposure to the sun throughout the year and the need for protective measures.
- To develop positive attitudes and responsible behaviours towards skin protection.
- To encourage practices which can help reduce the incidence of skin cancer
- To be implemented throughout the year whenever students are outside e.g. recess, lunch, sport, camps, excursions and other activities, with particular emphasis in Term 1 and 4.

GUIDELINES:

Students are required to wear, when practicable, as part of school uniform, hats which protect the face, neck and ears whenever they are outside during terms 1 and 4.

The requirements will also be adopted for any hot weather during Terms 2 and 3 and therefore students will be encouraged to carry their hat in their schoolbag at all times.

Students will be directed to play in an area protected from the sun if they do not have their hats.

Students will be encouraged to use areas of shade for outdoor play activities.

The Sunsmart Policy will be regularly reinforced in a positive and educative way through newsletters, parent meetings and outdoor activities conducted as part of school programs.

Staff will be encouraged to act as role models by practising Sunsmart Behaviour.

IMPLEMENTATION:

Parents will be informed of the Sunsmart Policy when enrolling their child/ ren.

Parents will be requested to purchase a school hat for their child/ ren's use.

Parents will be encouraged to provide a broad spectrum SPF 30+ sunscreen.

Parents will be encouraged to ensure sunscreen is applied to their children, 15 to 30 minutes before they leave for school to allow time for it to interact with the skin.

Continued development of shaded areas in the playground will be planned and undertaken under the auspices of the Buildings and Grounds subcommittee of School Council.

Students will be directed to play in shaded areas if they do not have their hat with them and they may not be eligible to participate in interschool sport.

RESOURCES:

- Maintain existing shaded areas within the school grounds.
- Suitable school hats available through the Uniform Shop
- Sunsmart resource material/kits suitable for program development

EVALUATION:

- The Sunsmart Policy to be reviewed annually.
- Monitoring by teachers of the number of students displaying Sunsmart behaviour.
- The Sunsmart Policy and Program should be seen as a joint responsibility involving students, parents and teachers

Reviewed: February 2008
Ratified by School Council: March 2008
[Watsonia Heights PS Policies](#)

Watsonia Heights P.S. Policies