PHYSICAL EDUCATION - Term 4

**Grade 5/6**
Term 4 will see the children in Grade 5/6 attend coastal based camp at Anglesea. The children will participate in surfing/body boarding, river kayaking & team building activities which will challenge them to use their initiative & communication skills. The physical education program will see the children develop & present a game to the class in a group of 3 or 4. The PE program will continue to reinforce skills & fitness necessary for the development of major games. Baseball, cricket & lacrosse will be covered throughout the term. Sport for this term will see the inception of SEPEP, a sport program solely run by the children. The children will play Rounders against each other, one team each week will be the duty team, which is responsible for setting up the field, collecting the equipment, umpiring & scoring. All children will have had a hand in organizing the selection of the teams & will be running the competition. The teams will nominate a coach & captain. All children will identify an individual goal & the team will nominate a team goal. This will be the fifth year we have done SEPEP. The staff is amazed at how much the children get out of the program & enjoy it.

**Grade 3/4**
The children in Grade 3/4 have already attended an adventure based camp at Camp Rumburg near Foster North. This camp was extremely enjoyable for all children, building upon team orientated activities, communication skills and posing them with many challenges. I am pleased to say all children did a wonderful job on camp & really rose to the challenges presented to them. The PE program will continue to reinforce skills and fitness required for the development towards major games. We will be covering Tee ball, Lacrosse and cricket during fourth term.

**Grade 1/2**
Term 4 will see the children in grade 1/2 begin swimming lessons on a Wednesday. During PE the children will continue to be taught & practice the many fundamental motor skills necessary for the future of playing minor & major games. The children will be doing bouncing, kicking & hitting activities using a variety of different size & shape balls & bats. Minor games will be taught and played to enable the children to put these skills into practice in a game situation. The children will be encouraged to exhibit good sportsmanship & be mindful of safe play.

**Grade Prep**
The children in Prep have a busy term 4 ahead of them with swimming on Wednesdays, PMP on Fridays and PE on Tuesday (PH) & Wednesday (PC). During PE the children will continue to be taught & practice, the fundamental motor skills of running, jumping, dodging, catching, throwing, hitting, kicking etc. Minor games will be played in which these skills can be practiced. The children will be reminded of safe & co-operative play & encouraged to have good sportsmanship. May I thank the parents who have volunteered again to help with PMP and ask if there are any other parents who can spare an hour on a Friday morning 11:30 am until 12:15pm or 12:15 until 1:00pm, so that our PMP program can continue to run throughout Term 4?

Bev Brooks