

Friday 15th March 2024
Issue 4

LINK LETTER



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Michael Kent - PRINCIPAL

Hello everyone, I hope you've had a great long weekend and enjoyed the extra day to unwind and hopefully keep cool in the extreme heat we experienced!

Congratulations to all of our year 3 and 5 students for their hard work and amazing efforts in the NAPLAN tests this week. They have done a wonderful job at applying themselves so diligently to the tasks. We wish them well for the remaining two test next week.

Monday March 18th LANGUAGE CONVENTIONS / SPELLING
Tuesday March 20th READING

Student Led Conferences

This week we opened the bookings for our Student Led Conferences. These will be held on Tuesday 26th March. A reminder that students are not required at school on this day other than attending their conference. We encourage all families to participate in the conferences as this is an integral part of our assessment and reporting processes for this year. Please note that the Prep students and also 2N will attend a normal school day on this date as Miss. Newton will be on her honeymoon for the last 2 weeks of this term.

We wish Tara and her fiancé Ben all the very best for their upcoming wedding this weekend.



International Womens Day & Harmony Day

It was great to celebrate International Women's Day last week and acknowledge all the amazing women in our lives, in our community and our dedicated staff team. We are grateful to have their impact, leadership, strength and inspiration each and every day, impacting on our students and community.

Next week we celebrate Harmony week which is a great opportunity to celebrate the many cultures that are represented within and across our community. Our community leaders have organized some great activities for the classes to enjoy. Staff have also planned some fun activities to help celebrate Harmony week.

2024 Term 1

Monday 18th March
Division Tennis

Wednesday 20th March
2025 Prep Information Evening
7pm

Thursday 21st March
Regional Swimming

Friday 22nd March
RIDE 2 SCHOOL DAY,
ISS vs Streeton Home
& WHPS Working Bee & 3:45pm

Monday 25th March
WHPS Colour Run

Tuesday 26th March
Students in Year 1-6 are not
required at school on this day
other than attending their
conference.

**PREP students & 2N attend
school on this day**

Wednesday 27th March
ISS Finals,
Free Dress Day-Gold Coin
donation for the Royal Childrens
Hospital Good Friday Appeal
& Easter Raffle Tickets due back
to the office!

Thursday 28th March
Final day of Term 1
2pm assembly & dismissal from
the classroom at 2:30pm

**TERM 2 commences
Monday 15th April**

NAPLAN DATES

- Monday March 18th LANGUAGE CONVENTIONS / SPELLING
- Wednesday March 20th READING

Term Dates 2024

Term 1: January 31 – March 28
Term 2: April 15 – June 28
Term 3: July 15 – September 20
Term 4: October 7 – December 20

Colour Run

Colour Run is coming up fast! Monday 25th March. Keep an eye out for further updates from Ms. Massa.

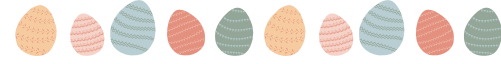
Easter Raffle

A reminder of our Easter Raffle that will be drawn at our final assembly on Thursday 28th March. Bring in your raffle tickets/money to go into the draw. We would greatly appreciate as many chocolate/Easter themed goodie donations to make our raffle a great success, please drop these off at the office.



Good Friday Appeal

Congratulations to Minnie Williams for her passion and enthusiasm in leading our Royal Children's Hospital fundraising for the Good Friday appeal. We have scheduled a free dress with a gold coin donation (or as much as you'd like to donate) for Wednesday 27th March!



Swimming

Well done to all the students whom participated in the division swimming championships and a special mention to Ellie and Lily who have made it through to the next round of competition, Regionals! An amazing effort and accomplishment.

Library Games & Puzzles afternoon

Thanks to all the families who came along to the games and puzzle evening on Wednesday. It was great to see so many people here enjoying all the fun. Thanks to Kathyne for her co-ordination of this activity.



Canteen

Thanks to Cara for her amazing co-ordination of the special food day yesterday. I hope everyone enjoyed the pizza!



WHPS School Council

Thank-you to those whom have nominated for the School Council. Nominations are now closed. We are finalising our membership and will be in a position to confirm our team next week.

End of Term 1 and Assembly

The end of term 1 will conclude at our final assembly at 2pm on Thursday 28th with students being dismissed at 2.30pm from their classrooms.

Have a great weekend.

Kind regards,

Michael



Across the AP's Desk



Hello Everyone,

I hope everyone enjoyed the short week this week after the Labour Day holiday on Monday. It's been an enjoyable week for our students with many enjoying their yummy Pizza day yesterday for their special food day order.

Some of our senior school leaders also received the opportunity to attend a student leadership seminar on Tuesday. The Dream and Lead Student Leadership Conference was held at the Melbourne Convention and Exhibition Centre and was a fantastic opportunity for our leaders to hear from inspiring leaders across a range of industries. Our thanks go to Miss Agnew and Mrs McClean for supporting our students to attend this day.

Congratulations to our Year 3 and Year 5 students who have begun completing their NAPLAN testing this week on Wednesday and Thursday for their effort and application in these assessments. We have two further days of assessments scheduled for Monday and Wednesday next week.

Every Day Counts:

A reminder about the importance of our students attending school on every day that they are well enough to attend. I came across the below graphic recently, which outlines the impact on students regularly missing school on their academic and social development. Being regularly away or late to school can have a significant negative effect on students' performance and wellbeing. It can add to student anxiety and distress as they regularly are missing out on key learning, information and instructions to support their school life. When students are ill, we ask families to keep them at home to aid their recovery and limit the spread of viruses etc. Please also remember to submit an explanation behind student absence through Compass so the absence isn't recorded as unexplained.

1 or 2 days a week doesn't seem much but

If your child misses...	That equals ...	Which is ...	And over 13 years of schooling that's...	Which means the best your child might perform is...
1 Day per fortnight	20 Days per year	4 weeks per year	Nearly 1.5 years	Equals to finishing in grade 11
1 Day per week	40 Days per year	8 weeks per year	Over 2.5 years	Equals to finishing in grade 10
2 Days per week	80 Days per year	16 weeks per year	Over 5 years	Equals to finishing in grade 7
3 Days per week	120 Days per year	24 weeks per year	Over 8 years	Equals to finishing in grade 4

Across the AP's Desk

Working Bee:

I also wrote in the last newsletter seeking the assistance of some parent/carer volunteers that would be available to assist with some exterior painting work around the school next Friday the 22nd after school for an hour or so 3:45-4:45pm. Anyone, that is available to participate is asked to register their interest through emailing me Tony.ryan@education.vic.gov.au



Colour Run:

Our Colour Run is fast approaching on Monday the 25th March. This is a favourite event for many of our students. This is also a major fundraising event for our school and we appreciate everyone's efforts in raising funds that will be directed towards the installation of additional play space equipment in the school for the benefit of our students.



Have a great weekend everyone,

Tony



It's Coming! 25th March





Mindfulness/Cognitive Behaviour Therapy Program Commencing April 16 2024!

Mindfulness practice promotes resilience, improves self-esteem, and increases confidence. Cognitive Behaviour Therapy promotes understanding of experiences to create change in thoughts, feelings and behaviours.

Our 90-minute, 10-week group program is structured with a combination of Mindfulness and Cognitive Behaviour Therapy teachings.

The program is designed to guide children through a range of techniques and strategies to help manage their thoughts, feelings, and behaviours. It is ideal for children who are overthinkers, emotionally reactive, or experience anxiety symptoms.

Our program utilises a mix of hands-on age-appropriate relaxation strategies, skills training, cognitive behaviour therapy, mindfulness, meditation, games, and storytelling.

Suitable for children aged **8-12yrs**.

Fees:

\$ 50 per child per session

\$ 50 per child (NDIS, plan or self-managed)

\$ 500 total for a 10-week term

Medicare rebates may be available with an appropriate GP/ Paediatrician referral.

**For more information or to register your child please contact us on:
0408 038 831 or enquiry@relatetreatmentgroup.com.au**



****This structured Early Intervention Children's Mental Health Program was developed by a Mental Health Worker. In 2019 the program was nominated and short listed for a number of awards via the Australian Allied Health Awards for it's incredible success in assisting and supporting children.**

Good Friday Appeal

RCH Good Friday Appeal Fundraiser – Out of Uniform Day!

Hello everyone!

I, Minnie from 5GT, am hosting a fundraiser for the Royal Children's Hospital Good Friday Appeal.

Did you know that approximately 90 thousand kids are treated at RCH every year?

This means at least 250 kids are seen each day.

My brother and sister have both been treated at RCH and chances are you or someone you know has needed care at this amazing facility too.

On the 27th of March, we will have an out-of-uniform day to raise money for the RCH Good Friday Appeal. This annual event has been running since 1931.

Now, in 2024, I encourage the kids of WHPS to come dressed in **bright colours** and "Give for the kids" by bringing a gold coin donation.

I hope to see lots of you in fun outfits!



goodFriday
appeal THE ROYAL
CHILDREN'S
HOSPITAL

DIVISION SWIMMING

Division Swimming took place Tuesday 12th March 2024 at Oak Park Swimming Pool. We had 17 unreal swimmers represent WHPS for the day. We are so proud of their efforts and the beautiful way they represented us! Showing STRIVE and never giving up with the tough competition!

Extra AMAZING effort from Lily M and Ellie L who are going onto the Regional Swimming Carnival on Thursday 21st March next week.



Miss Massa

COLOUR RUN

www.australianfundraising.com.au to create your profile page and share with family and friends to spread the word!

#schoolrun4fun #funrun #australianfundraising #fundraising
#colourexpllosion



\$8,000.00

Miss Massa

FROM THE SPORTS SHED

Lucas Marasco completed the 30km 'Otway Odyssey' cross country mountain bike race last Sunday. He completed it in 2 and 22 mins (non stop riding with lots of hill climbing) and came 33 rd out of 65 under 16s.



Congratulations to Ilai on obtaining a Third place in the Junior Boys age group at the recent Judo Victoria Summer Competition February 2024



We are so proud of Gus' achievements with his Bmx.

In January he competed in Auscycling Victorian Freestyle BMX Championships, Gus came 2nd in the under 13's. Riders from other states can compete in any states championships, the rider who came first is from Queensland. Meaning Gus is number one in Victoria for his age group. February he competed in the Australian national championship, Gus placed 4th. Followed by Moomba last week, where he came first after two fantastic runs.



Miss Massa

WELLBEING

Just recently, the grade 1-6 students participated in the Kids ROAR incursion. Here are some of the things they learnt:

Grade 1

“We all need to feel safe”

Grade 2

“We talked about all the names of the body parts and how we can keep ourselves safe”

“Warning signs in your body might feel uncomfortable like butterflies in your belly”

Grade 3

“Private parts are private and we are the boss of them”

“We have the right to feel safe everywhere”

Grade 4

“ROAR means recognise your feelings, own your own body, assert yourself and say no and report to an adult you trust”

“We talked about the difference between safe and unsafe secrets”

Grade 5

“None of us knew that it’s actually illegal to bully someone”

“You can get a criminal record when you turn 10 so you need to think about what you’re doing because your choices can make it hard to get a job”

Grade 6

“When we had to think of something good about ourselves some people found it hard”

“There are secrets that aren’t safe to keep even if it’s an adult who tells you to keep the secret so you need to tell one of the adults you trust like your mum or a teacher”



We received some really lovely feedback from the ROAR facilitators who said they were extremely impressed with the behaviour, engagement and curiosity our students showed. We just love hearing that our STRIVE values are always on display!

Thank you to our wellbeing leaders Lucinda and Lucy for collecting all the student feedback!

Grade 1 News



Learning about our School Values

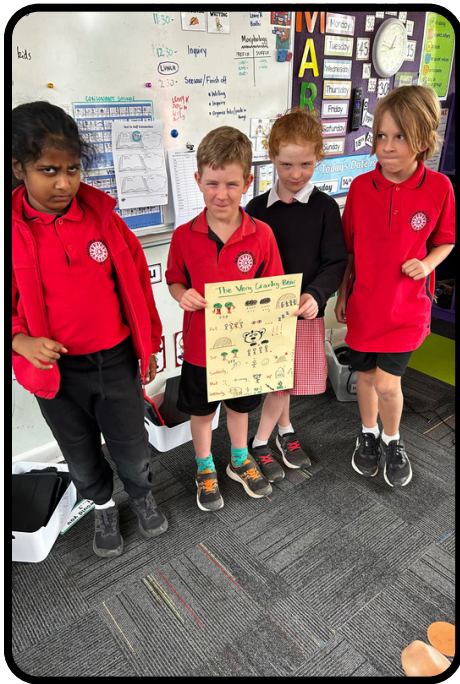
This term our Inquiry unit has been 'Learning to Learn'. We have been delving deep into our school values of STRIVE. To show teamwork, we worked together to create amazing Theme Parks, and to show off our individuality, we made our own puzzle pieces that show off our individual creative flair.



The Not-so Cranky Grade 2s

For the last few weeks, the Grade 2s have been following the Talk 4 Writing program in a very 'cranky' way! We have been exploring a modified version of "The Very Cranky Bear" by Nick Bland. We created a story map, developed actions to match the story, sequenced the structure and found rich vocabulary. If you like, you could ask your child to show you "The Very Cranky Bear" actions at home. They have worked hard to memorise them.

This week, the students innovated the text by making it their own! Here are some snaps of our Grade 2s and their not-so cranky experience!





Is returning to WHPS

Smile Squad six month fluoride varnish visit

The Regional Smile Squad team are heading back to our school to complete six-monthly fluoride varnish applications for those students who have provided consent. Fluoride varnish applications help make sure students have the best chance of preventing tooth decay, so we're excited Smile Squad are coming back.

Consent for this fluoride varnish application was provided when students' initial consent forms were returned. However, if anyone has changed their mind and do not wish to receive a fluoride varnish application, they can contact Regional Smile Squad Team directly to let them know. Please contact the Smile Squad team via:

Kellie Ringberg

**Lead Regional Dental Assistant Smile Squad Metro Hub
kellie.ringberg@dhsv.org.au**

The Smile Squad team look forward to visiting soon.



Student Of

the

WEEK

Congratulations

Week 6



Blake, Mila, Hamish, Zoe, Izabella, William, Jackson, Izzy, Gabby, Abtin, Nyah, Madi, Kyla, Sebastien, Ruby, Rory, Eden, Joaquin, Oliver, Isaac, Derin, Maria, Ben, Aviv, April .

Week 7



Hassan, Grace, Eve, Elsie, Freddie, Kyrie, Evie, Zoe, Ebony, Zoe, Akash, Jack, William, Holly, Eva, Evelyn, Adele, Koby, Sienna, William, Ikal, Lily, Darcy, Heidi.

Congratulations

COMMUNITY NEWS

Dia dhuit (hello in Irish), we hope you have had a great week. Here are the up coming events. St Patrick's day is coming up on the 17th of March. St Patrick's day is Ireland's national day celebrating when he brought Christianity to Ireland. To celebrate this day people wear green and if you want on Saturday there will be a parade and lots of fun activities 10:00 to 6:00 so if you are free head down to St Kilda to share in the festival.



Harmony week is another event coming up next week. It is the celebration that recognises our diversity and brings together Australians from all different backgrounds. It is also about inclusiveness, respect and a sense of belonging for everyone. To celebrate this every person in the class will be decorating a hand with a photo of their countries flag and doing some activities and wellbeing lessons to celebrate Harmony week.

Lá fhéile Pádraig sona dhuit (that means happy St Patrick's day in Irish)



By Audrey Apelgren and Isabel Johnson



Athlete Development Sessions, Birthday Parties, Family & Corporate Events

Preparation

Speed & Agility

Jumping & Landing

Balance & Coordination

Conditioning

Fun Fitness Games



excelmovement.au

KUMON



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- concentration
- a daily study and reading habit
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KUMON BUNDOORA CENTRE

Contact Community Hall
 20 Noorong Avenue, Bundoora 3083
 Instructor: Febra
 Tel: 0424 850 457
 Email : kumonbundooracentre@gmail.com

<http://au.kumonglobal.com>





COLLEGE OPEN MORNING

Join us for a fun-filled and educational experience at the Secondary Open Morning this year.

Meet our dedicated teachers, explore our state-of-the-art facilities, and get a glimpse of the exciting curriculum we offer.

DATE & TIME

 Tuesday, 26 March 2024

 At 9 AM - 11 AM


 235 Kingsbury Drive
Macleod West



**Charles La Trobe
College**

In partnership with  LA TROBE UNIVERSITY

More Information

 (03) 9223 1400

 www.charleslatrobecollege.vic.edu.au

 Year 7 Information Evening for Prospective Parents at 5.30pm



**Greensborough
Plaza**

COMMUNITY EASTER EGG HUNT

**SAT 23 MARCH – SUN 7 APRIL
Customer Service Desk, Level 2**

Help a local school WIN a \$2000 Greensborough Plaza gift card, simply by voting for your favourite Easter egg. Plus, by voting you could WIN a \$250 Rebel Sport gift card.



MORE INFO



EVERYONE'S WELCOME



**Banyule
City Council**

**Sunday, 17 March
10am – 4pm**

Petrie Park
Mountain View Road, Montmorency

ECO Festival
PET & SUSTAINABILITY EVENT



GREENHILLS MONTMORENCY BASEBALL CLUB



**2024
JUNIOR
WINTER SEASON**
ROUND 1 - 20 APRIL 2024

SATURDAY MORNINGS

Rookies & U13's

@ Mill Park Softball fields

U15's & U17's

Home & Away Games

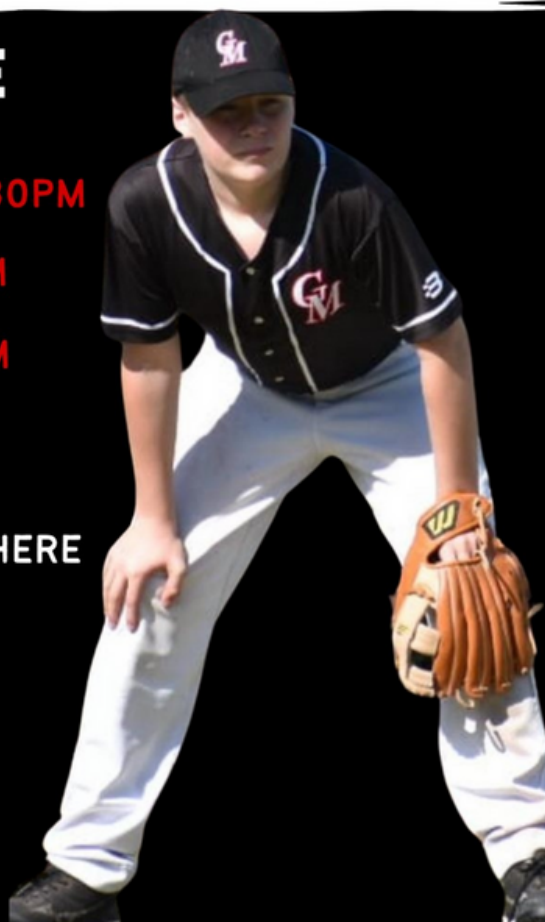


TRAINING SCHEDULE

@MONTY DOME

-  **ROOKIES THURSDAYS: 4:30 - 5:30PM**
-  **U13 WEDNESDAYS: 5:30 - 7:00PM**
-  **U15 WEDNESDAYS: 6:30 - 8:30PM**
-  **U17 TUESDAYS: 5:30 - 7:30PM**

REGISTER YOUR INTEREST HERE



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FOR TOMORROW'S GRASSROOTS LEADERS

